



Find a perfect escape

and freedom to explore...

Find yourself in a good place.

Whether that's the reward of a great view at the top of a steep fell climb or sneaking a few pages of your book in a quiet corner of Sizergh's garden. Trying kayaking for the first time at Fell Foot, or listening to the call of lakeshore birds as you pedal slowly along Windermere's west shore.

This guide is packed with ideas to help you unwind in your own way.

Wordsworth House, poet William Wordsworth's birthplace and **Hill Top**, Beatrix Potter's much-loved house are some iconic must-dos in the Lakes. But there are lots of places off the beaten track too – many with incredible views and fascinating pasts.

We look after over a fifth of the Lake District National Park in this World Heritage Site. That's over 54,000 football pitches.

Did you know that some of the first places given to the National Trust were here in the Lakes? Our founders loved this dramatic landscape, so as the Trust celebrates its 125th birthday, we're telling the stories of these remarkable people.



Tarn Hows

Much more to discover...

Use the map overleaf to uncover all these special places.



9. Allan Bank

Informal house and grounds with notable historic residents

Grasmere, LA22 9QB Tel: 015394 35143

Make yourself at home where Wordsworth, Rawnsley and Coleridge once lived, and discover the story of these three influential people. Help yourself to tea and coffee as you read by the fire, try arts and crafts, watch red squirrels or explore the garden and woodland grounds.

When to visit: 15 February–20 December

10. Aira Force

Showcase for the power and beauty of nature

near Watermillock, CA11 0JS
Tel: 017684 82067

Escape the ordinary with ancient woodland, babbling becks and a thundering 65-foot waterfall with access to miles of walks around Ullswater.



11. Acorn Bank

Tranquil gardens and enchanting woodland in the heart of the Eden Valley

Temple Sowerby, CA10 1SP Tel: 017683 61893

Wander around the walled gardens which shelter a medicinal herb garden, lily-filled pond and traditional apple orchards, or stretch your legs further to discover a working watermill in the woodland.

When to visit: 15 February–31 December (Closed 25 & 26 December)



12. Steam Yacht Gondola

Victorian cruising experience on Coniston Water

Coniston Pier, Sat Nav: LA21 8AN
Tel: 015394 32733

A sailing experience from a bygone era of elegance: settle into the comfort of the saloons while enjoying the views and crew commentary.

When to visit: Cruises daily from 10.45am. 28 March–1 November. 10% discount for National Trust members.

13. Sticklebarn and the Langdales

Great walks and a pub with a difference

Great Langdale, LA22 9JU Tel: 015394 37356

An outdoor paradise of rugged slopes, gentle routes and mountain tarns, followed by tasty, planet-friendly food and a crackling pint at our pub, Sticklebarn.

When to visit: 24 January–31 December, daily from 11am (pub). Closed 24 & 25 December



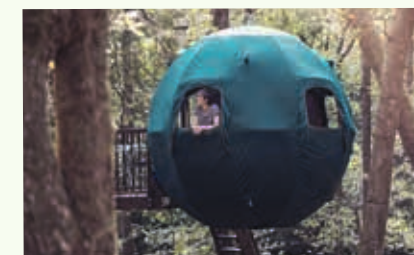
14. Townend

Traditional farmhouse with 400 years of history

Troutbeck, LA23 1LB Tel: 015394 32628

Wander through the colourful cottage-style garden into an atmospheric farmhouse full of quirky objects and fascinating stories.

When to visit: 14 March–1 November, Wednesday–Sunday



When you're thinking of another trip to the Lakes, did you know we've got campsites and cottages in some incredible spots? And, at Low Wray Campsite on the shore of Windermere, we've got new safari tents and orb shaped tents hanging in trees! Next time, find a place to stay at nationaltrust.org.uk/holidays

The days of the week and opening times of each place vary and may change at different times of the year. Please check the website for full opening times and prices.

nationaltrust.org.uk/thelakes

15. Tarn Hows and Coniston

A classic walk in the heart of the Lake District

Tarn Hows, follow signs from Coniston or Hawkshead Hill on the B5282
Tel: 015394 41456

Enjoy the tranquility of nature and far-reaching views on a low level walk, followed by a tasty locally made ice-cream. Mobility scooters can be booked in advance by phoning 015394 41456.



You've got the boots, we've got the routes



Climbing Brown Tounge on Scafell Pike

We bet you're here to do some walking at some point, and we're here to help, whether that's looking after the trails or giving you ideas for new places to try.

Here's a few of our favourites to get you on your way – the car park starting points are shown on the map overleaf. You can find full details of these and lots more seasonal walks at nationaltrust.org.uk/thelakes

Easily accessible **P22**

Tarn Hows circular

Soak up views of the Lakeland fells on this easy walk for all the family. Mobility scooters can be booked in advance by phoning 015394 41456.

Distance 1¾ miles
Car park 22 Tarn Hows, follow signs from Coniston or Hawkshead Hill on the B5282

The scenic route **P11**

Castle Crag

Take the scenic route along the old miners' track to this Iron Age hill fort. The short steep climb is well worth the views it delivers right down the valley.

Distance 5 miles
Car park 11 Seatoller, CA12 5XN

Off the beaten track **P14**

Mickleden valley trail

Experience the wilderness of the Lakes as you follow the stream along the valley floor. Remember your binoculars too as peregrine falcons fly around the surrounding crags.

Distance 4 miles
Car park 14 Old Dungeon Ghyll, LA22 9JY

Great views **P24**

Windermere west shore

A low-level lakeshore walk to Wray Castle with fantastic views of the islands and distant fells. Retrace your footsteps and finish with a hot drink at Claife Viewing Station or return by ferry.

Distance 4–8 miles
Car park 24 Harrowslack, LA22 0LR

Rural retreat **P20**

Glencoyne Farm trail

Share incredible views with more than 1,500 sheep on this walk that takes you high in the hills and past the Grade II-listed buildings of Glencoyne Hill Farm.

Distance 3 miles
Car park 20 Glencoyne Bay, CA11 0NQ

Challenge yourself **P12**

Greendale and Middle Fell

Escape the crowds on this challenging mountain walk with spectacular views of Scafell Pike and the Wasdale valley.

Distance 3½ miles
Car park 12 Lake Head, CA20 1EX

If you have a membership card please scan it when you park. It only takes a second, doesn't cost you anything and each time you do £2.05 goes back into directly looking after that place.



Free map



Join in

Join the National Trust today and not only is all of this, and more than 500 other special places, yours to enjoy as often as you like, but you're helping look after them too.

One example is in Arnside and Silverdale, where rangers and volunteers have been working to reduce areas of scrubland, giving delicate wildflowers on the limestone grassland

space to flourish. This in turn increases insect numbers and last summer our rangers counted 10,330 butterflies amongst 19,908 orchids within 988 acres of land.

Whether your favourite place is here in the Lakes or round the corner from home, you can also help by donating to projects close to your heart.

We're a charity and whether you join, donate or volunteer with us, everything you do makes a difference and means we can look after all these places for future generations to enjoy as much as you do.



Hill Top

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nationaltrust.org.uk/thelakes

For alternative formats, please call us on 015394 35599.

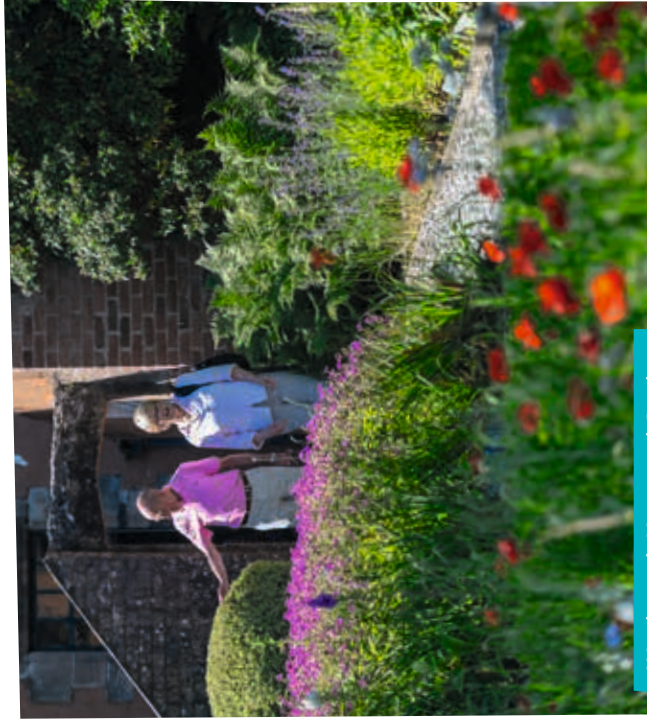
© National Trust 2020. National Trust is a registered charity no. 205846. Design by Natalie Zabrocki. Printed on 100% recycled paper, please recycle after use. Images © National Trust Images/John Malley/Joe Cornish/John Millar/Paul Harris/Chris Lacey/ Stewart Smith/James Dobson/Rob Clarke/Steven Barber/@Lakes Culture/Jill Jennings Front cover: Sizergh.

Inspiring landscapes around Keswick

However you explore, it isn't hard to see why the landscapes of William Wordsworth's childhood inspired his poetry.

Find your perfect walk along the Derwent – Wordsworth's 'fairest of all rivers'. From its source in the fells, the river flows down into the jaws of Borrowdale through ancient oak woodlands. Enjoy lakeside beaches on Derwent Water and stroll along to Friar's Crag, Keswick's best view.

Downstream at Wordsworth House and Garden, a special 250th anniversary exhibition of personal belongings and new insights reveals the happiness and heartache that shaped one of the world's favourite poets.



Wordsworth House and Garden



Borrowdale and Derwent Water

1. Wordsworth House and Garden

Celebrating William Wordsworth's 250th birthday
Cockermouth, CA13 9RX Tel: 01900 820884

Meet the boy who became one of the world's best-loved poets and an inspiration for the global conservation movement. Visit the exhibition, (opens 14 March), take a tour or listen to a talk, and relax in the garden that sparked his love of nature.

When to visit: 15 February–8 November

2. Borrowdale and Derwent Water

'Queen of the Lakes'

Near Keswick, CA12 5DJ Tel: 017687 74649

With easy waymarked lakeside walks, scenic drives and approachable fells, this is a great spot to experience iconic Lakes landscapes and you're never far from a café.

When to visit: Open all year

Exploring around Windermere

Walk, bike, paddle or even swim at Windermere, there are so many reasons to abandon your car for a while and get up close to this famous natural playground.

You can hire bikes from our campsite on the lakeshore or try all sorts of water sports at Fell Foot. Or, simply wander through the woodland up to the Georgian viewing station for incredible lake and mountain views changing dramatically with each new season.



Claife Viewing Station

3. Wray Castle

Arrive by boat at this Gothic Revival lakeside castle

Low Wray, LA22 0JA Tel: 015394 33250

Start off your day of family fun arriving at Wray Castle by water. Find castle themed activities and talks about the castle's intriguing past inside along with lots of outdoor space to get closer to nature.

When to visit: 15 February–20 December



Wray Castle

4. Claife Viewing Station

A colourful viewpoint on Windermere's west shore

near Far Sawrey, LA22 0LW Tel: 015394 41456

This fascinating viewing platform stands within an atmospheric ruin. Enjoy panoramic lake views through coloured panels, listen to the wind harp on a blustery day and visit the quirky café in the courtyard.

When to visit: Open all year

5. Fell Foot

Lakeshore park with boat hire and activity base

Newby Bridge, LA12 8NN Tel: 015395 31273

This Victorian park is one of the few places to see Windermere's waters and there's something to see or do all year round. Rowboat, kayak and paddleboard hire provides the perfect opportunity to get out onto the lake and accessible, low level walks with stunning mountain views are suitable for all.

When to visit: Open all year (except Christmas Day)

- Key:**
- Café
 - Shop
 - Campsites
 - visit website for details
 - See overleaf

Gateway to the Lakes



8. Sizergh

Medieval house in opulent gardens

Near Kendal, Sat. Nav: LA8 8DZ Tel: 015395 60951

This imposing manor is home to the Strickland family and a great stop off on your Lake District adventure. Step inside to hear 800 years of family history, find a spot to relax in the gardens or take a walk on the wildlife-rich estate.

When to visit: Garden, café, shop and estate: Open all year. **House:** 21 March–1 November, except Christmas day.

Car parks

- | | | |
|-------------------------------------|---------------------------------------|---|
| Buttermere Valley | Wasdale | Conistone |
| P1 Lanthwaite Green CA13 9LY | P21 Lake Head CA20 1EX | P21 Glen Mary LA21 8DP |
| P2 Buttermere CA13 9UZ | Langdale | P22 Tarn Hows follow signs from Conistone or Hawkshead Hill on the B5282 |
| P3 Honister Pass CA12 5XN | P13 Blea Tarn LA22 9PG | P23 Ash Landing LA22 0LP |
| Borrowdale | P14 Old Dungeon Ghyll LA22 9JY | P24 Harrowslack LA22 0LR |
| P4 Great Wood CA12 5UP | P15 Stickle Ghyll LA22 9JU | P25 Fell Foot LA12 8NN |
| P5 Ashness Bridge CA12 5UN | P16 Eiterwater LA22 9HP | Coast |
| P6 Surprise View CA12 5UJ | Ullswater | P27 Sandscale Haws LA14 4QJ |
| P7 Watendlath CA12 5UW | P17 High Cascades CA11 0JY | P28 Whitehaven Coast CA28 9BG |
| P8 Kettlewell CA12 5UN | P18 Park Brow CA11 0JY | |
| P9 Bowder Stone CA12 5XA | P19 Aira Force CA11 0JS | |
| P10 Rosthwaite CA12 5XB | P20 Glencoyne Bay CA11 0NQ | |
| P11 Scatoller CA12 5XN | | |

Walk in the footsteps of Beatrix Potter

'It's a pretty old place, and I have taken much pleasure in collecting some oddments, hoping that some day the National Trust might care to preserve it along with my land.' Beatrix Potter, letter to John Stone, 1940

Author, illustrator, conservationist and farmer, Beatrix Potter had a passionate love for the Lakes that seeps through every corner of her home.

Wander the lanes of the chocolate box village of Near Sawrey, where Beatrix found much inspiration. A short uphill walk from Hill Top takes you to Moss Eccles Tarn, where she would go rowing and sketching with her husband. If you head downhill you'll reach Esthwaite Water, Beatrix's favourite lake and home of Jeremy Fisher.

6. Hill Top

Beatrix Potter's beloved farmhouse

Near Sawrey, LA22 0LF Tel: 015394 36269

Step into the pages of Beatrix Potter's tales when you visit her home, which inspired some of her most iconic stories. As you explore, look out for furniture and garden views made famous by her charming illustrations.

When to visit: 15 February–1 November, timed ticket entry system

7. Beatrix Potter Gallery

Meet Beatrix's miniature masterpieces

Hawkshead, LA22 0NS Tel: 015394 36355

Get up close to Beatrix's original artwork, illustrations and letters in our 2020 exhibition 'Friendship by post' – people who shaped Beatrix Potter's world – which explores how important correspondence was to Beatrix.

When to visit: 15 February–1 November

Hawkshead shop open until 31 December, closed 24 to 26 December



Beatrix Potter Gallery

If you're looking for something a bit more off the beaten track, turn over for ideas of lots more places to visit and a selection of our favourite walks.

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